



# CAN YOU HELP?

Tick the box or boxes to indicate how you would like to share your time, talent and skill with HIYA. It could be one-off, short or long term

- |                          |   |                          |  |
|--------------------------|---|--------------------------|--|
| <input type="checkbox"/> | <b>Sports</b> - participate in basketball, volleyball, football sessions, or a sport of your interest     | <input type="checkbox"/> | <b>Music</b> - help with music selection and practice for youth mass |
| <input type="checkbox"/> | <b>Adult presence</b> - help us maintain our adult / youth ratio at outings and events, have some fun too | <input type="checkbox"/> | <b>Art</b> - Graffiti project this September                         |
| <input type="checkbox"/> | <b>Drama</b> - help create short Gospel dramatisations for mass   | <input type="checkbox"/> | <b>Film</b> - Assist with film projects like 'Make a Commercial'     |
| <input type="checkbox"/> | <b>Youth group</b> - can you give one Sunday a month or a term?   | <input type="checkbox"/> | <b>Kite building</b> - Share your skills on how to make a kite       |
| <input type="checkbox"/> | <b>Service</b> - can you help co-ordinate community activities & projects?                                | <input type="checkbox"/> | <b>Discussion</b> - lead small discussion groups on various topics?  |
| <input type="checkbox"/> | <b>Other ways you can help</b> _____  |                          |  |

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Tel: \_\_\_\_\_ Mobile: \_\_\_\_\_

Place your completed form in HIYA box at church OR mail to:  
 Venus Garcia-George, 186 St. John's Rd, Hemel Hempstead, HP1  
 1NR. Email information to [venusgg@rcdow.org.uk](mailto:venusgg@rcdow.org.uk),  
 text or call 078 905 905 85